

NBCOT[®] GUIDELINES FOR JOURNAL AND/OR TEXTBOOK READING

ID 29 rev010920

Journal Reading

- Two peer-reviewed articles (e.g., *The American Journal of Occupational Therapy*, *Occupational Therapy Journal of Research*) are equivalent to one (1) PDU.

Textbook Reading

- Two textbook chapters are equivalent to one (1) PDU. Textbook readings **cannot**
 - ▷ have a publication date exceeding more than five years from time of renewal application, or
 - ▷ include required reading for academic coursework/audited courses/study groups.

All readings **must** relate to your current area of practice.

Verification documentation must include the following items:

- The date that you read each article/text.
- An annotated bibliography that contains the APA reference of each reading, a brief description of the content of each reading, validity of the research used or ideas presented, and conclusions drawn by the author of the text.
- A report that analyzes how the content of the readings has impacted your current area of practice.

EXAMPLE

Date Read: December 20, 2019

Reference:

McEwen, S.E., Donald, M., Jutzi, K., Allen, K.A., Avery, L., Dawson, D.R., Egan, M., Dittmann, K., Hunt, A., Hutter, J., Quant, S., Rios, J., & Linkewich, E. (2019). Implementing a function-based cognitive strategy intervention within inter-professional stroke rehabilitation teams: Changes in provider knowledge, self-efficacy and practice. *PLoS One*, *14*(3), Article e0212988. <https://doi.org/10.1371/journal.pone.0212988>

Annotated Bibliography:

This article describes research that estimated the changes in rehabilitation clinicians' knowledge, self-efficacy, and practice following a multi-faceted knowledge translation initiative titled CO-OP KT (Cognitive Orientation to Daily Occupational Performance – Knowledge Translation). A single-arm, pre-post follow-up methodology was used with 65 clinicians from five rehabilitation hospitals. Practitioners' knowledge and self-efficacy were assessed at multiple points throughout the course of study. The change in practice was determined through medical record audits completed by the clinicians' pre- and post-intervention. Descriptive statistics were used to report the findings. Results indicated that the CO-OP KT intervention was effective in improving practitioners' knowledge and some aspects of self-efficacy and practice.

Report on How the Article Impacted Your Practice Area:

I work as a director of rehabilitation in a skilled nursing facility. I manage a multidisciplinary team. One of my job responsibilities is to create practice-oriented professional development and training opportunities for my team. This article has helped me to

- a) identify a practice-oriented knowledge translation training model,
- b) recognize potential barriers and challenges associated with staff participation in a training program, and
- c) appreciate the effectiveness of CO-OP KT intervention in improving practitioners' knowledge and self-efficacy.

I have already started to explore the feasibility of organizing a knowledge translation training program at my facility. Further, I have recommended that the management consider sending some of the staff to CO-OP KT workshops, as a notable percentage of my department's caseload includes patients who have had a stroke.

REPORT

Date Read: _____

Reference:

Annotated Bibliography:

Report on How the Article Impacted Your Practice Area:
