

Five (5) hours of volunteer time equals 1 PDU. A maximum of 6 PDU are permitted per 3-year renewal cycle.

To earn PDU for volunteer services, the certificant should:

- Provide volunteer services that advance the reliance on the use of one's occupational therapy skills and experiences
- Apply occupational therapy skills and knowledge to evaluate, monitor, enhance, and/or better the lives or situations of: populations; communities; or individuals in a volunteer setting.
- Record:
 - ▶ names of the organizations/communities/individuals for which the certificant engaged in volunteer services
 - ▶ dates of the service and length of time spent engaged in volunteering

Provide verification documentation if called for audit: verification of hours via letter from the organization and a report describing the hours and outcomes of volunteer service.

Examples of volunteer activities that can accrue PDU credit include, but are not limited to:

- Teaching swimming to a child with special needs
- Assisting with a caregiver support group
- Involvement in healthy living instruction for residents at a homeless shelter
- Assisting at a day camp for children with cognitive and emotional disorders
- Participating in Special Olympics activities

Please note — *Volunteer activities that will not be accept for PDU accrual include:*

- *Serving on a board of school governors*
- *Cub scout or Brownie pack leader*
- *Coaching an NBCOT certification examination candidate*
- *Make crafts for fundraising ventures*

